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8 UNITED STATES DISTRICT COURT
9 CENTRAL DISTRICT OF CALIFORNIA

10 DOMINGA G. SOTO,

11 Plaintiffs,

12 v.
13

14 UNITED STATES OF AMERICA,

15 Defendant.
16

Case No.: 2:22-cv-03607-AB-RAO

**FINDINGS OF FACT AND
CONCLUSIONS OF LAW AFTER
BENCH TRIAL**

17 Plaintiff Dominga G. Soto (“Plaintiff”) and Defendant United States of America
18 (“Defendant”) appeared for a bench trial on July 11-13, 2023. The parties filed their
19 proposed Findings of Fact and Conclusions of Law. *See* Dkt. Nos. 80, 82.¹ Pursuant to
20 Fed. R. Civ. P. 52, the Court renders its Findings of Fact and Conclusions of Law.

21 **I. BACKGROUND**

22 Plaintiff Dominga G. Soto (“Plaintiff”) brings this Federal Tort Claims Act
23 (“FTCA”) negligence action concerning a parcel that was delivered to her home on
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26 ¹ The Transcripts are at Dkt. Nos. 85-87. Defendant cites the transcripts as Tr. 1, Tr. 2,
27 and Tr. 3. Plaintiff’s citations are to the witness’s testimony, e.g., “D. Soto Tr. Test.”
28 The Court maintains the parties’ differing citation conventions. Defendant’s
objections (Dkt. No. 84) that certain exhibits were not admitted into evidence are
overruled as moot because the Court has not relied on those exhibits.

1 April 24, 2021 by United States Postal Service (“USPS”) Letter Carrier Felipe
2 Carrillo. *See* Final Pretrial Conference Order (“FPTCO,” Dkt. No. 71), Admitted Fact
3 (“AF”) No. 12 (“The incident occurred on April 24, 2021.”).

4 The basic facts concerning the incident are not in dispute. In brief, on April 24,
5 2021, Plaintiff stepped out her front door and slipped on a hard, cylinder-shaped
6 package that Mr. Carillo delivered to her doorstep. Plaintiff fell and suffered injuries
7 to her back. Plaintiff alleges that Mr. Carillo was negligent in placing the package
8 where he did. Defendant denies that Mr. Carillo was negligent.

9 Regarding damages, Plaintiff seeks compensation for past and future medical
10 expenses, and past and future non-economic damages. The parties agree that
11 Plaintiff’s fall caused her to suffer L2 and L1 compression fractures, and they agree
12 that Defendant’s expert’s testimony established the reasonable value of her past
13 medical treatment. What the parties *do* dispute is whether Plaintiff’s fall worsened her
14 existing L4-L5 spondylolisthesis, stenosis, and facet cyst, the value of future treatment
15 for those conditions, and non-economic damages.

16 The Court first addresses liability, then damages.

17 Any finding of fact deemed to be a conclusion of law is hereby incorporated
18 into the Conclusions of Law.

19 Any conclusion of law deemed to be a finding of fact is hereby incorporated
20 into the Findings of Fact.

21 **II. FINDINGS OF FACT RELATING TO LIABILITY**

22 **A. Background Regarding Plaintiff’s House and Deliveries There**

23 1. Plaintiff has lived at her House since 1972. FPTCO AF No. 5; Tr. 1 at
24 37:15-17.

25 2. Plaintiff has continuously had parcels delivered to Plaintiff’s House since
26 1972. FPTCO AF No. 7).

27 3. Plaintiff’s House is set back from the public sidewalk by a walkway. Ex.
28 2 (IMG_0431.MOV).

1 4. Plaintiff's House has a covered front porch that is one step down from
2 the home. Tr. 1 at 60:11-13; Ex. 2 (IMG_0433.MOV) at 0:17.



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13 5. Plaintiff's son, Ross Dale Soto, has lived at Plaintiff's House since at
14 least 2013. FPTCO AF No. 6.

15 6. Mr. Soto has a lot of package deliveries made to Plaintiff's House.
16 FPTCO AF No. 8 ("Ross Dale Soto has a lot of deliveries made to Plaintiff's
17 House."); Tr. 1 at 49:4-6, 127:14-16, 129:3-6.

18 7. Plaintiff knew that her son had a lot of deliveries made to Plaintiff's
19 House. Tr. 1 at 49:4-6 ("Q. Your son who lives with you, he has a lot of deliveries
20 made to your house; right? A. Yes.").

21 8. Mr. Soto has regularly had guitar strings delivered to Plaintiff's House.
22 FPTCO AF No. 9 ("Ross Dale Soto has regularly had guitar strings delivered to
23 Plaintiff's House.").

24 9. Every time Mr. Soto ordered guitar strings, they were delivered to
25 Plaintiff's House in a tube-shaped parcel. FPTCO AF No. 10 ("Every time Ross Dale
26 Soto ordered guitar strings, they were delivered to Plaintiff's House in a circular
27 tube."); Tr. 1 at 52:8-16 ("QUESTION: Okay. And in terms of the tube, the package,
28 the tube-like package, has your son ever previously ordered strings or anything that

1 would be delivered in sort of like that tube-like package to your house? “ANSWER:
2 Yeah, he orders a lot of stuff, but the tubes all -- always comes – *the strings always*
3 *comes in the tubes like that.*”) (emphasis added).

4 10. Mr. Soto sometimes told Plaintiff that deliveries were coming to
5 Plaintiff’s House, and sometimes he did not. Tr. 1 at 129:7-13.

6 11. Plaintiff knew that parcels were sometimes delivered to her House
7 without the delivery person first knocking on her door or ringing her doorbell. Tr. 1 at
8 53:13-24, 54:9-12.

9 **B. The April 24, 2021 Parcel Delivery to Plaintiff’s House and Plaintiff’s Fall**

10 12. On April 24, 2021, Mr. Carrillo delivered a parcel addressed to Mr. Soto
11 to the covered porch of Plaintiff’s House. *See* FPTCO, p. 4 (Admitted Fact No. 3).

12 13. Ms. Soto sometimes knows that a package is left at her door because the
13 mail-carriers sometimes either ring the doorbell or her son notifies her of a delivered
14 package. (D. Soto Tr. Test. 53:13-54:3; R. Soto Tr. Test. 129:3-13).

15 14. Mr. Soto expected that his package would be delivered to Plaintiff’s
16 House on April 24, 2021. Tr. 129:14-17 (“Q. Specifically on April 24th, 2021, you
17 were expecting a package to be delivered to your house; right? A. Yes.”).

18 15. Mr. Soto did not tell Plaintiff that a parcel was to be delivered to
19 Plaintiff’s House on April 24, 2021. Tr. 129:18-20 (“Q. But you didn’t tell your
20 mother that there was going to be a package delivered [on April 24, 2021], did you?
21 A. Not for that one, no.”).

22 16. The parcel was cylindrical (tube-shaped) and hard, and did not require a
23 signature for delivery. *See* FPTCO AF No. 11 (“The parcel delivered to Plaintiff’s
24 House in a circular tube on April 24, 2021 did not require a signature for delivery.”).

25 17. The parcel delivered to Plaintiff’s House on April 24, 2021, was not
26 subject to any special instructions regarding its delivery. Tr. 1 at 159:6-8.

27 18. Mr. Carrillo’s delivery of the parcel and Plaintiff’s fall were captured by
28 a security camera at the House. (Trial Exhibits 2 and 502-59-61; Bonafilia Tr. Test.

1 75:10-16; 85:8-86:9; 87:13-21; 90:6-20; 91:4-11; 92:15-23; 101:4-17.)

2 19. The video footage shows that at about 2:31 p.m., Mr. Carillo dropped the
3 parcel onto Plaintiff's doorstep. The package came to rest a short distance—the Court
4 estimates 8-12"—from the threshold of Plaintiff's door. Mr. Carillo did not knock on
5 the door, ring the doorbell, or attempt delivery to Plaintiff at her door (Trial Exhibit 2;
6 Trial Exhibit 502:59-61; Carrillo Tr. Test. 186:11-19; Bonafilia Tr. Test. 75:10-16;
7 85:8-86:9; 87:13-21; 90:6-20; 91:4-11; 92:15-23; 101:4-17.)

8 20. Mr. Carillo, who has been a letter carrier since 2009, testified to the
9 effect that he delivered the package consistent with his training and with his pattern
10 and practice, and that he has never been involved in another incident in which
11 someone slipped and fell over a package he delivered. Tr. 1 at 152:22-182:15.

12 21. After the parcel had been delivered, Plaintiff decided to exit her house to
13 check for the mail delivered that day. Tr. 1 at 60:1-5.

14 22. At about 4:31 p.m., Plaintiff opened the front door, paused about four
15 seconds, and then stepped down onto her front porch with her right foot. (Trial Exhibit
16 2.) Plaintiff did this while looking straight at her mailbox, and without looking down.
17 Tr. 1 at 60:8-10 ("Q. So when you went to get the mail, you opened your front screen
18 door? A. Yes."); Tr. 1 at 61:14-62:5 (Q. "So when you opened the door, you paused a
19 few seconds before your foot crossed your front door; right? A. Yes, uh-huh. Q. You
20 then stepped down towards your front porch? A. Yes. Q. You don't remember ever
21 looking down at any point while you put your foot down onto where you felt the front
22 porch was; right? A. I didn't look down Q. But you didn't look down; right? A.
23 Uh-uh. Q. That's because you were looking straight to the mailbox because you were
24 stepping out of your front door to get the mail? A. Right."); *see also* Ex. 2
25 (IMG_0431.MOV).

26 23. Plaintiff did not look down at her feet as she stepped down, but rather
27 kept her eyes looking straight at her mailbox. Tr. 1 at 61:20-62:5 ("Q. You don't
28 remember ever looking down at any point while you put your foot down onto where

1 you felt the front porch was; right? A. I didn't look down Q. But you didn't look
2 down; right? A. Uh-uh. Q. That's because you were looking straight to the mailbox
3 because you were stepping out of your front door to get the mail? A. Right.”).

4 24. As Plaintiff was lowering her right foot down to the porch, she stepped
5 on the cylindrical package that Mr. Carillo had delivered, slipped on the package, and
6 fell. Tr. 1 at 62:6-7.

7 25. After falling, Plaintiff stood up without assistance. Tr. 1 at 62:8-9, 13-14.

8 26. Plaintiff then bent down and picked up the package. Tr. 1 at 63:13-20
9 (“A. ... I picked up the package when I fell down. Q. But you went outside, you bent
10 down and you picked up the package? A. Yes. Q. Bending down to pick up the
11 package was not a slow process; right? A. Yes.”).

12 27. Plaintiff went inside her house and remained standing until her friend
13 came over to her house. Tr. 1 at 62:10-63:1.

14 28. Plaintiff did not go the emergency room on April 24, 2021. FPTCO AF
15 No. 13).

16 29. Plaintiff went to her son's house for dinner that evening. Tr. 1 at 64:1-3.

17 30. Plaintiff did not seek any medical treatment until April 25, 2021. *See*
18 FPTCO AF No. 13 (“Plaintiff did not go to the emergency room on April 24, 2021.”).

19 31. Mr. Carillo testified that he had other options for delivering the package
20 that would not have delayed his delivery time or require additional effort. Some of
21 those include knocking the door, ringing the doorbell, or placing the package against
22 the wall, or to the left or right side of the door. (Trial Exhibits 502-59-61 and 502-89;
23 Bonafilia Tr. Test. 85:8-87:22 Carrillo Tr. Test. 182:10-15; 184:9-22.)

24 32. Mr. Carillo agreed that it was possible to slip and fall from a cylinder
25 tube-shaped package. (Carrillo Tr. Test. 164:22-165:2.)

26 **C. USPS's Rules Governing Parcel Delivery**

27 33. USPS policy required a USPS Letter Carrier to deliver a parcel to a
28 “secure” location, meaning a location that minimizes risk of theft or weather damage.

1 Tr. 1 at 196:13-197:6; Tr. 1 at 197:7-17; Tr. 1 at 196:13-197:17.

2 34. USPS's M-41 Handbook section 322.311 instructs that "unless [a parcel]
3 has ... specific endorsements" reflecting that "the customer states at the time of
4 shipping that they require signature [because the parcel is] restricted – [or] if it's a
5 C.O.D. [cash-on-delivery], ... or if it's a registered [delivery]" then "you're allowed to
6 leave the package without getting a signature or requiring anybody to receive it" and
7 that "uninsured packages or packages that to do not require a signature may be left in
8 an unprotected location, such as a stairway, uncovered porch." Tr. 1 at 204:3-23.

9 35. "[T]he Carrier Release Program is pretty much anything that doesn't
10 require a signature." Tr. 1 at 206:3-4.

11 36. The mailer of the parcel delivered on April 24, 2021 to Plaintiff's House
12 participated in the Carrier Release Program. Tr. 1 at 206:16-18.

13 37. No USPS policy or handbook required a USPS Letter Carrier to knock or
14 ring a doorbell before attempting to deliver a package to a residential customer. Tr. 1
15 at 202:10-11, 15; Tr. 1 at 204:3-205:2; *see also*, Tr. 1 at 196:13-197:6; Tr. 1 at
16 197:18-198:2; Tr. 1 at 155:5-9.

17 38. No USPS rule or handbook required a USPS Letter Carrier to deliver a
18 parcel to a particular location at a single-family residential customer's residence. Tr. 1
19 at 102:13-18; Tr. 1 at 102:21-24 ("Q. And just to reiterate, there is no USPS policy
20 that regulates where a customer's package is placed on the porch? A. [Mr. Bonafilia:]
21 Correct.").

22 39. In 2021, USPS's M-41 Handbook Section 631's requirements only
23 applied to "parcel routes." *See* Tr. 210:20-211:18 (Postmaster Garcia explaining Ex.
24 502-89's (M-41 Section 631's) requirements regarding delivery of parcels relate to "a
25 route that's considered a parcel route" which is different from "a regular mail carrier
26 route that delivers mail and parcels").

27 40. In 2021 Route 3, the route Plaintiff's House was on, was a route on
28 which both mail and parcels were delivered. Therefore, it was not a "parcel route" and

1 M-41 Handbook Section 631 did not apply. Tr. 1 at 210:20-211:21.

2 41. “Special instruction” is when the customer tells USPS how they want
3 carriers to deliver parcels. Tr. 1 at 157:15-18. Customers give USPS Letter Carriers
4 special instructions to ensure their parcels are not stolen or damaged by weather. Tr. 1
5 at 157:19-22.

6 42. In 2021, a customer had three different ways to give USPS special
7 instructions: (1) talk to the carrier, (2) contact the post office, or (3) send the special
8 instructions online. Tr. 1 at 158:5-16.

9 43. The parcel delivered to Plaintiff’s House on April 24, 2021, was not
10 subject to any special instructions regarding its delivery. Tr. 1 at 159:6-8.

11 44. USPS permitted Mr. Carrillo to deliver the parcel to Plaintiff’s House
12 without first knocking or ringing the doorbell to attempt delivery. Tr. 1 at 198:20-
13 199:5.

14 45. Mr. Carrillo’s delivery of the parcel did not violate any USPS policy or
15 regulation. Tr. 1 at 198:20-199:5; Tr. 1 at 102:13-18 (“QUESTION: Is there any other
16 wrongful act? [Plaintiff’s Expert Mr. Bonafilia’s] ANSWER: Nothing that I would be
17 able to give to you in writing under a postal regulation. There is nothing in the
18 regulations that states where a parcel should be placed on a porch.”).

19 **III. CONCLUSIONS OF LAW RELATING TO LIABILITY**

20 **A. Applicable Legal Standards**

21 46. Under the Federal Torts Claims Act (“FTCA”), the United States has
22 only waived its sovereign immunity for liability under circumstances where a private
23 person would be liable in accordance with the law of the place where the act or
24 omission occurred. 28 U.S.C. § 1346(b)(1).

25 47. Cases brought under the FTCA are governed by the “law of the place
26 where the act or omission occurred.” 28 U.S.C. § 1346(b).

27 48. Plaintiff bears the burden of proving her claims by a preponderance of
28 the evidence. *Jackson v. Ryder Truck Rental, Inc.* 16 Cal. App. 4th 1830, 1837 (1993).

1 49. The elements of a cause of action for negligence are: “(a) a legal duty to
2 use due care; (b) a breach of such legal duty; [and] (c) the breach as the proximate or
3 legal cause of the resulting injury.” *Id.*

4 50. “Breach is the failure to meet the standard of care.” *Coyle v. Historic*
5 *Mission Inn Corp.* 24 Cal.App.5th 627, 643 (2018).

6 51. “The element of causation requires there to be a connection between the
7 defendant’s breach and the plaintiff’s injury.” *Id.* 645.

8 52. “[E]very person has a right to presume that every other person will
9 perform his duty and obey the law and in the absence of reasonable grounds to think
10 otherwise, it is not negligence to assume that he is not exposed to danger which could
11 come to him only from violation of law or duty by such other person.” *Celli v. Sports*
12 *Car Club of America, Inc.* 29 Cal.App.3d 511, 523 (1972).

13 53. The Court must determine as a matter of law the standard of care that
14 applies to the delivery of parcels. *Ramirez v. Plough, Inc.*, 6 Cal. 4th 539, 546 (1993).
15 “In most cases, courts have fixed no standard of care for tort liability more precise
16 than that of a reasonably prudent person under like circumstances.” *Ramirez v.*
17 *Plough, Inc.*, 6 Cal.4th 539, 546 (1993). The parties appear to agree, and the Court
18 determines, that the duty of care applicable here is the general is to use reasonable
19 care to prevent harm to oneself or to others. CACI 401 (Sept. 2003, Rev. 2020). See
20 Def. Prop. F. of F No. 50.

21 54. A plaintiff’s damages must be reduced by the percentage of her
22 responsibility if: (a) the plaintiff was negligent; and (b) the plaintiff’s negligence was
23 a substantial factor in causing her harm. CACI 405 (Dec. 2009) (Comparative Fault of
24 Plaintiff).

25 55. A substantial factor in causing harm is a factor that a reasonable person
26 would consider to have contributed to the harm. It must be more than a remote or
27 trivial factor. It does not have to be the only cause of the harm. Conduct is not a
28 substantial factor in causing harm if the same harm would have occurred without that

1 conduct. CACI 430.

2 **B. Mr. Carillo and Plaintiff Were Both Negligent**

3 56. The evidence establishes that Mr. Carillo was negligent in placing the
4 cylindrical package on Plaintiff's doorstep the way he did. Defendant argues that Mr.
5 Carillo was not negligent because he delivered the package consistent with USPS's
6 carrier release program, which does not require him to either knock a door or ring a
7 doorbell before leaving a package at a recipient's address. Indeed, Defendant points to
8 cases applying a risk-utility analysis acknowledging that the social benefit of such
9 carrier release programs is substantial and tends to outweigh the risk of a recipient
10 tripping over an unannounced package left at a door. *See, e.g., Galullo v. Fed. Exp.*
11 *Corp.*, 937 F. Supp. 392, 393 n. 1, 394, 400 (E.D. Pa. 1996), *Schell v. United Parcel*
12 *Serv.*, 61 Ohio Misc. 2d 421, 423, 425, 427-28 (Com. Pl. 1989).

13 57. But Mr. Carillo's duty was not limited to his employer's delivery
14 standards. *Cf. Ramirez v. Plough, Inc.*, 6 Cal.4th 539, 548 (1993) ("Where a statute,
15 ordinance or regulation is found to define a standard of conduct for the purposes of
16 negligence actions, ... the standard defined is normally *a minimum standard*,
17 applicable to the ordinary situations contemplated by the legislation. This legislative
18 or administrative minimum does not prevent a finding that a reasonable [person]
19 would have taken additional precautions where the situation is such as to call for
20 them.") (citing Rest.2d Torts § 288C) (emphasis added).

21 58. As Defendant itself agrees, the ordinary standard of care applies. In
22 determining whether Mr. Carillo breached the ordinary standard of care, the Court has
23 *considered* that Mr. Carillo complied with USPS's carrier release program and its
24 delivery standards, and that he delivered the package consistent with his custom and
25 practice, but these facts are not determinative because Mr. Carillo nevertheless
26 exposed Plaintiff to a foreseeable, unreasonable risk. The Court finds that dropping
27 the hard cylindrical package on Plaintiff's doorstep, and leaving it where it came to
28 rest on Plaintiff's doormat just beyond the threshold of her door, created a foreseeable

1 slip or trip hazard for Plaintiff. That the parcel was hard and cylindrical-shaped made
2 it more of a hazard than other shaped packages would be. Given this, the tripping
3 hazard was foreseeable.

4 59. The Court also finds that this hazard posed an unreasonably high risk,
5 given that there were alternative, less hazardous locations on the doorstep where Mr.
6 Carillo could have readily left the package. Mr. Carillo testified that there were such
7 alternatives and that they would not have delayed him. For example, Mr. Carillo could
8 have leaned the package against the wall under the mailbox or on either side of the
9 door, or he could have placed it in the rack attached to the bottom of the mailbox.
10 None of these alternatives would have presented a significant tripping hazard.

11 60. The Court also finds that Mr. Carillo's negligence caused Plaintiff harm:
12 Plaintiff fell onto her porch, injuring her back. The Court will determine the extent of
13 the injuries in the next section.

14 61. The evidence adduced at trial shows that Plaintiff was *also* negligent and
15 that her negligence was a substantial factor in causing her harm. CACI 405 (Dec.
16 2009).

17 62. Plaintiff shares fault because she did not look down before stepping
18 down onto the porch. Plaintiff knew that she had to step down from the doorway onto
19 the front porch when she exits; that packages were sometimes left on her porch; and
20 that delivery persons did not always knock on her door or ring her doorbell when
21 delivering parcels. Plaintiff was also going to check the mail. That there could be a
22 package on the porch, and that it could pose a tripping hazard, was therefore
23 foreseeable to Plaintiff. Despite this, and despite pausing for a few seconds before
24 stepping down, Plaintiff did not look down to where she was stepping. Plaintiff's
25 failure to look down was unreasonable and was a substantial factor in causing her
26 harm. Had Plaintiff looked down, she may have seen the parcel and not stepped on it.

27 63. The Court finds that Mr. Carillo is 20% at fault, and Plaintiff is 80% at
28 fault.

1 **IV. FINDINGS OF FACT RELATING TO DAMAGES**

2 **A. Plaintiff's L2 and L2 Compression Fractures Were Caused by the Fall.**

3 64. The parties agree, and the Court concludes, that Plaintiff's April 24, 2021
4 fall caused compression fractures of Plaintiff's L2 and L1 vertebrae.

5 65. Plaintiff's April 24, 2021 fall caused a mild compression fracture of
6 Plaintiff's L2 vertebra. Tr. 2 at 8:16-18; Tr. 2 at 56:17-19; Tr. 2 at 73 13-15; Ex. 528-
7 3A.

8 66. On May 21, 2021, Plaintiff underwent an L2 kyphoplasty. FPTCO AF
9 No. 14.

10 67. Plaintiff's L2 kyphoplasty surgery caused a mild compression fracture of
11 her adjacent L1. Tr. 2 at 22:21-23:4; Tr. 2 at 79:15-21; Tr. 2 at 84:2-12.

12 68. On June 14, 2021, Plaintiff underwent an L1 kyphoplasty procedure.
13 FPTCO No. 15.

14 69. Plaintiff also received physical therapy for her L2 and L1 mild
15 compression fractures. Tr. 1 at 1337:21-22.

16 70. Plaintiff's February 1, 2022 MRI report reflected "resolution of the
17 associative bone marrow edema since prior study" and "significant improvement"
18 which means, "[i]n other words, [her L1] fracture ha[d] basically healed" as of
19 February 1, 2022. Tr. 2 at 120:24-121:4, 121:20-22, 122:9-13.

20 71. Plaintiff's February 1, 2022 MRI report similarly showed the "same
21 thing" as to her L2 fracture, "basically they're healed, both levels" as of February 1,
22 2022. Tr. 2 at 120:24-121:4, 122:14-17.

23 72. Because Plaintiff's L2 and L1 fractures have "totally healed," she does
24 not require any additional treatment to address them. Tr.125:24-126:2 ("Q. Is there
25 any additional treatment needed to address plaintiff's L2 or L1 fractures?
26 [Defendant's Expert Dr. Rudin] A. No, those are totally healed. Those are done.").

27 73. Based on an October 19, 2022 encounter, Plaintiff's treating physician,
28 Dr. Yuan, concluded that because Plaintiff's May 2022 epidural injection gave her

1 “about 3 weeks of relief of pain, mainly her back pain, but not her leg pain,” that her
 2 “[n]eck and upper back pain [was] likely muscular in nature.” Ex. 551-3. Dr. Yuan
 3 further noted that Plaintiff’s other back and lower extremity pain was in a setting of
 4 degenerative spondylolisthesis and spinal stenosis. *Id.*

5 74. Plaintiff and other witnesses testified as to Plaintiff’s non-economic
 6 damages caused by the L2-L1 fractures and the kyphoplasties. On the day of the fall,
 7 Plaintiff was in pain, attempted to go to her son’s house for dinner but had to leave
 8 due to the pain. Tr. 1, 64:10-21. The next day, Plaintiff went to the emergency room,
 9 and was diagnosed with the L2 compression fracture. Plaintiff had her L2 kyphoplasty
 10 on May 21, 2023, about 4 weeks after the fall, and during this time she was in pain,
 11 could only lay in bed, had trouble moving and getting out of bed, and her son had to
 12 lift her and help with using the bathroom. Tr. 1, 134:16-137:19. The L2 kyphoplasty
 13 caused a compression fracture in the L1 vertebra, and Plaintiff had another
 14 kyphoplasty to repair it about 3 weeks later, on June 14, 2023. Plaintiff healed by
 15 February 1, 2022. All this time, Plaintiff experienced the same pain and suffering, and
 16 loss of enjoyment of life, and embarrassment from needing her son to take care of her.
 17 Tr. 1, 44:1-10. Plaintiff used to go dancing with friends several times week, but
 18 couldn’t do that the same anymore. Tr. 1, 106:20-108:7. Plaintiff’s two kyphoplasties
 19 caused anxiety, bodily invasion, and disfigurement (scars). Tr. 1., 45:23-46:12, Ex. 3.

20 75. The parties agree that Defendant’s billing expert, Lindsay Knutson,
 21 established the reasonable value of Plaintiff’s past medical treatment. On the stand,
 22 Ms. Knutson testified that the bills added up to \$27,216.96, but it is apparent she made
 23 a mathematical error and the correct amount is \$22,721.96.

24 **C. Plaintiff’s Pre-Existing Spondylolisthesis, Stenosis, and Facet Cyst**

25 76. Since at least 2015, Plaintiff had a pre-existing L4-5 spondylolisthesis.
 26 Tr. 2 at 36:22-24 (“Q. You would agree that Ms. Soto had L4-5 spondylolisthesis
 27 since at least 2015; correct? [Plaintiff’s Expert Dr. Nourian] A. I believe so.”); Tr. 2 at
 28 56:22-25 (Defendant’s Expert Dr. Rudin: “She also had a history of spondylolisthesis

1 at L4-5, which is the shifting of the bones, and that did not appear to have changed at
2 all from the -- or after the fall.”); Tr. 2 at 59:8-11 (“Q. Did plaintiff have a history of
3 any diagnosed medical conditions? [Defendant’s Expert Dr. Rudin] A. Well, she had a
4 history of spondylolisthesis at L4-5”); Tr. 2 at 85:23-86:1.

5 77. The severity of spondylolisthesis is usually graded from zero to five. Tr.
6 2 at 86:14-18.

7 78. Plaintiff’s pre-existing L4-5 spondylolisthesis was a degenerative
8 condition, which “means basically chronic wear and tear” caused Plaintiff’s
9 spondylolisthesis. Tr. 2 at 85:24-3, 93:2-13, 93:19-94:3; *see also*, Ex. 15-990
10 (03/20/18 Plaintiff’s CT scan report reflecting “IMPRESSION: 2. Grade 1
11 degenerative anterior spondylolisthesis of L4 on L5.”); Ex. 547-2 (11/09/20 MRI
12 Report reflecting “IMPRESSION: ... 3. Grade 1 degenerative anterior listhesis at L4-
13 5.”).

14 79. CT scans and MRIs of Plaintiff’s spine indicate that: on July 17, 2016,
15 Plaintiff’s L4-5 spondylolisthesis was approximately 10%. Tr. 2 at 87:14-24; Ex. 522-
16 1A (07/17/16 CT scan); on March 20, 2018, Plaintiff’s L4-5 spondylolisthesis was
17 approximately 16%. Tr. 2 at 90:1-11, 92:16-20; Ex. 524-1A (03/20/18 CT scan); on
18 July 29, 2019, Plaintiff’s L4-5 spondylolisthesis was approximately 20%. Tr. 2 at
19 95:4-16; Ex. 525-1A. (07/29/19 CT scan); on November 9, 2020 Plaintiff’s L4-5
20 spondylolisthesis was approximately 21-22%. Tr. 2 at 99:2-13; Ex. 532-1A (11/09/20
21 MRI film).

22 80. Prior to her fall on April 24, 2021, Plaintiff’s physician reviewed her
23 November 9, 2020 MRI with her, including her lumbar spine illness and the fact that
24 she had a “Grade 1 degenerative anterior listhesis at L4[-]5.” Ex. 11-5.

25 81. Following Plaintiff’s April 24, 2021 fall, her L4-5 spondylolisthesis did
26 not worsen in severity; instead, it remained stable. Tr. 2 at 103:5-18 (severity of
27 spondylolisthesis in May 2, 2021 CT scan (Ex. 528-2A) “essentially” the same as
28 severity of spondylolisthesis in November 9, 2020 MRI film image (Ex. 532-1A)); Tr.

1 2 at 103:19-23 (“[T]he November 2020 MRI and [the May 2021] CT scan really
2 haven’t changed at all in terms of the overlap” of Plaintiff’s L4-5 degenerative
3 spondylolisthesis.).

4 82. On May 2, 2021, Plaintiff’s L4-5 spondylolisthesis was approximately
5 21%. Tr. 2 at 103:5-18; Ex. 528-2A (05/02/21 CT scan).

6 83. On May 27, 2021, after Plaintiff’s May 21, 2021 kyphoplasty, Plaintiff’s
7 L4-5 spondylolisthesis was approximately 20%, which is roughly the same as before
8 her accident, showing no change in its severity. Tr. 2 at 105:5-16; Tr. 2 at 105:17-20;
9 Ex. 519-3A (05/27/21 X-ray showing Plaintiff’s L4-5 spondylolisthesis with as less
10 than approximately 20% overlap); *cf. with* Ex. 528-2A (05/02/21 CT scan); *and* 532-
11 1A (11/09/20 MRI).

12 84. On October 6, 2022 Plaintiff’s L4-5 spondylolisthesis was still
13 approximately 21%. Tr. 2 at 107:10-17; Ex. 529-1A (10/06/22 CT scan).

14 85. The scans for 2016, 2018, 2019, 2021 and 2022, show that Plaintiff “had
15 [L4-5] spondylolisthesis as far back as 2016, and it progressed pretty significantly
16 until about 2020 and seemed to stabilize, and now it’s sort of fixed at about 21 percent
17 of overlap.” Tr. 2 at 108:2-9.

18 86. Plaintiff’s medical records show that her L4-5 spondylolisthesis and
19 stenosis were not asymptomatic before her April 2021 fall, because she had been
20 complaining of their symptoms to her physicians. Tr. 2 at 70:3-7 (“Q. In your medical
21 opinion, was Ms. Soto’s spondylolisthesis ... and stenosis asymptomatic until April
22 2021? [Defendant’s Expert Dr. Rudin] A. No. It’s in the medical record that she’s
23 been complaining of it.”).

24 87. In a physician visit on December 5, 2014, Plaintiff reported that she had
25 back pain due to cold weather. Ex. 10-137.

26 88. On June 15, 2015, Plaintiff complained to her physician of “generalized
27 aches and pain *from back to legs*.” Ex. 10-133 (emphasis added).

28 89. On May 12, 2017, Plaintiff told her physician she was having “arthritis”

1 in her “neck, [and] legs”, and that the pain was “worse in the morning” but
2 “improve[d] as she start[ed] moving and walking.” Ex. 10-118 (05/12/2017 Medical
3 Record reflecting “SUBJECTIVE ... C/o arthritis on neck, legs.”).

4 90. On May 6, 2020, Plaintiff reported to her physician that she had ongoing
5 right leg pain since the day before. Ex. 10-81 (05/06/20 Medical Record reflecting
6 “SUBJECTIVE ... [Plaintiff] does report R leg pain since yesterday.”).

7 91. On October 27, 2020, Plaintiff presented to her physician “for
8 consultation on [her] lumbar spine pain” and told her doctor that “[s]he ha[d] been
9 having pain for about 4 years” that was not the result of an “injury or accident” and
10 “that her pain is across the lower back and radiates down the right leg.” Ex. 11-2
11 (emphasis added).

12 92. During that same October 27, 2020 visit that Plaintiff reported
13 “[r]adiculopathy [in her] lumbar region,” Plaintiff’s spine was examined and her L5-
14 S1 disc was documented as “abnormal” because it was “narrow.” Exs. 11-3 and 11-4
15 (10/27/20 Medical Record).

16 93. The pain that was radiating down Plaintiff’s leg from her lumbar spine
17 and that she reported to her physicians on October 27, 2020, is “from her stenosis. In
18 other words, she has tightness of the nerves and that causes radiating leg pain.” Tr. 2
19 at 67:12-16.

20 94. On November 9, 2020, Plaintiff “report[ed] low back pain down the left
21 buttock, hip and leg for 6 months.” Ex. 11-8 (emphasis added).

22 95. On November 9, 2020 Plaintiff’s reported pain was assessed as
23 “Radiculopathy, lumbar region” and the physician requested authorization to refer
24 Plaintiff to “Pain Management for epidural injections.” Ex. 11-5 and Ex. 11-7
25 (11/20/20 MRI Report).

26 96. The type of pain Plaintiff reported on November 9, 2020 is the kind of
27 pain typically associated with stenosis and or spondylolisthesis. Tr. 2 at 69:5-13; Tr. 2
28 at 69:14-21.

1 97. On October 19, 2022, Plaintiff's treating physician, Dr. Yuan, concluded
2 that because Plaintiff's May 2022 epidural injection gave her "about 3 weeks of relief
3 of pain, mainly her back pain, but not her leg pain," that her continuing "back,
4 buttock, and left lower extremity pain and sciatica" was caused by her "degenerative
5 spondylolisthesis and severe spinal stenosis" Ex. 551-3.

6 98. There is no evidence that Plaintiff's pre-existing L4-5 Facet Cyst was
7 exacerbated by her April 2021 fall.

8 **D. The Expert Testimony Regarding Plaintiff's Spondylolisthesis, Stenosis,**
9 **and Facet Cyst**

10 99. Defendant's expert Dr. Rudin testified that Plaintiff's April 24, 2021 fall
11 did not exacerbate Plaintiff's pre-existing L4-5 spondylolisthesis. Tr. 2 at 108:10-13
12 ("Q. Was [Plaintiff's L4-5 spondylolisthesis] exaggerated by her fall on April 24th,
13 2021? [Defendant's Expert Dr. Rudin] A. There's no radiographic evidence that it got
14 worse after the fall, no."); Tr. 2 at 125:4-15 (Defendant's Expert Dr. Rudin: "It didn't
15 have any affect on the L4-5 spondylolisthesis whatsoever.").

16 100. Defendant's expert Dr. Rudin testified that Plaintiff's L2 or L1 fractures
17 could not cause her L4-5 spondylolisthesis or the pain associated with that condition
18 to worsen. Tr. 2 at 122:18-21 ("Q. Could a fracture in Ms. Soto's L1 or L2 have
19 caused her L4-5 spondylolisthesis or the pain associated with that condition to
20 worsen? [Defendant's Expert Dr. Rudin] A. No.").

21 101. Defendant's expert Dr. Rudin testified that Plaintiff's L2 and L1
22 kyphoplasty surgeries did not exacerbate Plaintiff's pre-existing L4-5 degenerative
23 spondylolisthesis. Tr. 2 at 108:14-16 ("Q. Was it exaggerated or exacerbated by either
24 of her kyphoplasties? [Defendant's Expert Dr. Rudin] A. Again, no, it hasn't
25 changed.").

26 102. Defendant's expert Dr. Rudin testified that Plaintiff's L2 and L1
27 kyphoplasty surgeries could not cause her L4-5 spondylolisthesis or the pain
28 associated with that condition to worsen because the L2 and L1 are "too far away"

1 from the L4-5 such that “[t]hey wouldn’t affect each other.” Tr. 2 at 123:22-123:1
 2 (“Q. Could [Plaintiff’s] kyphoplasties have caused her L4-5 spondylolisthesis or her
 3 pain from that condition to worsen? [Defendant’s Expert Dr. Rudin] A. No. Those are
 4 too far away. They wouldn’t affect each other.”); *see also* Tr. 2 at 123:2-7 (“Q. What
 5 do you mean too far away? A. Well, L4-5 and L2 are about two to three inches away.
 6 They’re dissociated. You know, there’s the L3-4 level in between the L2-3 level in
 7 between, and they just wouldn’t have any relationship.”).

8 103. Plaintiff’s Expert Dr. Nourian opined that Plaintiff had a moderate
 9 stenosis prior to the fall because the November 9, 2020 MRI report states that she had
 10 “[m]oderate bilateral neural foraminal stenosis.” Tr. 2 at 36:25-37:8; Ex. 547-2
 11 (11/09/20 MRI Report).

12 104. In forming that opinion, Dr. Nourian relied solely on the written report
 13 that another doctor had prepared regarding the November 9, 2020 MRI film, and did
 14 not review the MRI film to make an independent determination of the severity of
 15 Plaintiff’s stenosis. Tr. 2 at 36:25-37:2; Tr. 2 at 42:13-16 (Dr. Nourian relied on
 16 “summar[y of the 11/09/20 MRI] in Dr. Chambers’ report.”).²

17 105. Plaintiff’s Expert Dr. Nourian admits that “[i]t’s possible” that absent any
 18 trauma, such as a fall or other accident, Plaintiff’s stenosis could have turned from
 19 moderate to severe stenosis. Tr. 2 at 38:4-11; *see also* Tr. 2 at 38:23-39:1, 39:5-10.

20 106. Defendant’s Expert Dr. Rudin’s opinion that Plaintiff’s April 24, 2021
 21 fall did not exacerbate Plaintiff’s pre-existing L4-5 spondylolisthesis or stenosis is
 22 persuasive and reliable because Dr. Rudin reviewed all available medical records,
 23

24
 25 ² While at trial Plaintiff’s Expert Dr. Nourian claimed that he reviewed “the [MRI]
 26 film as well” (Tr. 2 at 37:3-4), that assertion is not supported by the record. It was Dr.
 27 Nourian’s practice to list an image and the resulting report as separate items he
 28 reviewed, just as he did for the October 27, 2020 X-ray and Dr. Chambers’ resulting
 written report for that X-ray. Tr. 2 at 43:21-44:2. But Dr. Nourian’s report did not list
 the November 9, 2020 MRI film separately from the November 9, 2020 report,
 indicating that he only reviewed the report.

1 including the only MRI film, all of Dr. Yuan's records and X-rays, and the complete
2 set of Plaintiff's medical history reflecting her historical reports of pre-existing back
3 pain, including her lower back pain and pain radiating down her back and legs.

4 107. Plaintiff's Expert Dr. Nourian's opinion that Plaintiff's pre-existing L4-5
5 degenerative spondylolisthesis and stenosis were asymptomatic before her accident
6 and only became symptomatic because of her April 24, 2021 fall is not persuasive
7 given Plaintiff's medical records showing that, since about 2014, Plaintiff had
8 consistent complained of pain that was diagnosed as spondylolisthesis. In addition,
9 Dr. Nourian did not review: (i) the two X-rays taken by Plaintiff's treating physician,
10 Dr. Yuan (Tr. 2 at 41:8-16); (ii) the X-rays taken of Plaintiff's cervical and thoracic
11 spine from Memorial Orthopedic Surgery Group (Tr. 2 at 41:20-25; 42:2-5); (iii) the
12 MRI film from Downey MRI (Tr. 2 at 42:13-18); and (iv) the only MRI film produced
13 in this case, the November 9, 2020 MRI film (*see* Ex. 532-1) instead relying on
14 another doctor's reported interpretation of the severity of Plaintiff's L4-5 stenosis.

15 108. Plaintiff's Expert Dr. Nourian did not conduct an independent analysis of
16 Plaintiff's L4-5 conditions to reach his opinion.

17 109. Dr. Nourian did not meaningfully consider potential alternative causes
18 for Plaintiff's pain after the fall, including: (1) Dr. Yuan's opinion that Plaintiff's pre-
19 existing L4-5 spondylolisthesis was an arthritic degenerative condition (Ex. 551-1 and
20 Ex. 551-3) that, together with her pre-existing stenosis, explained Plaintiff's ongoing
21 lower back and extremity pain; (2) that Plaintiff had a pre-existing facet cyst at L4-5
22 (Ex. 532-2A and Ex. 532-3A); or (3) that Plaintiff had repeatedly reported significant
23 back pain to her physicians, including lower back pain and pain that was radiating
24 down her back and legs, since at least 2014, and that this pain had worsened over time
25 because of progressive degeneration, not an accident (*see supra* ¶¶ 109-118).

26 110. Therefore, the Court finds Dr. Rudin's opinion that the fall did not
27 exacerbate these conditions more persuasive and more credible than Plaintiff's expert
28 Dr. Nourian's contrary opinion is. Dr. Rudin reviewed all available evidence, while

1 Dr. Nourian did not. And the CT scan and MRI images show that Plaintiff's
2 spondylolisthesis stabilized before the fall, and did not get worse afterwards. Dr.
3 Nourian opined that a fall *could* exacerbate the condition by causing pain that does not
4 register on imaging. Assuming arguendo that this is true, the evidence does not
5 establish by a preponderance that the fall exacerbated Plaintiff's pre-existing
6 conditions.

7 **V. CONCLUSIONS OF LAW RELATING TO DAMAGES**

8 **A. Legal Standard**

9 111. "[A] person injured by another's tortious conduct is entitled to recover
10 the reasonable value of medical care and services reasonably required and attributable
11 to the tort." *Hanif v. Housing Authority of Yolo County* 200Cal.App.3d 635, 640
12 (1988).

13 111. Regardless, if Defendant is successful in showing that it is more likely
14 than not that Plaintiff had pre-existing conditions, Plaintiff may recover to the full
15 extent that [her] condition has worsened as a result of defendant's tortious act.
16 *Sanchez v. Kern Emergency Medical Transportation Corp.* 8 Cal.App.5th 146, 168
17 (2017). "The tortfeasor takes the person he injures as he finds him. If, by reason of
18 some preexisting condition, his victim is more susceptible to injury, the tortfeasor is
19 not thereby exonerated from liability." *Rideau v. Los Angeles Transit Lines* 124
20 Cal.App.2d 466, 471 (1954).

21 112. "It has long been the rule that a tortfeasor responsible for the original
22 accident is also liable for injuries or death occurring during the course of medical
23 treatment to treat injuries suffered in that accident. In *Ash v. Mortensen* 24 Cal.2d 654
24 (1944) the Supreme Court stated: 'It is settled that where one who has suffered
25 personal injuries by reason of the tortious act of another exercises due care in securing
26 the services of a doctor and his injuries are aggravated by the negligence of such
27 doctor, the law regards the act of the original wrongdoer as a proximate cause of the
28

1 damages flowing from the subsequent negligent medical treatment and holds him
2 liable therefor.” *Anaya v. Superior Court* 78 Cal.App.4th 971, 974 (2000).

3 113. “[N]oneconomic damages do not consist of only emotional distress and
4 pain and suffering. They also consist of such items as invasion of a person’s bodily
5 integrity (i.e., the fact of the injury itself), disfigurement, disability, impaired
6 enjoyment of life, susceptibility to future harm or injury, and a shortened life
7 expectancy.” (*Bigler-Engler v. Breg, Inc.* (2017) 7 Cal.App.5th 276, 300.)

8 **B. Plaintiff’s Damages**

9 114. The Court finds, as the parties agree, that Plaintiff’s April 24, 2021 fall
10 caused compression fractures of Plaintiff’s L2 and L1 vertebrae. Plaintiff is entitled to
11 damages arising from these injuries.

12 115. The Court also finds that Plaintiff has not proven by a preponderance of
13 the evidence that her pre-existing spondylolisthesis, stenosis, and facet cyst were
14 worsened or exacerbated by the fall. Therefore, Plaintiff is not entitled to damages
15 arising from these conditions.

16 116. The reasonable value of Plaintiff’s past medical treatment for the L2 and
17 L1 fractures is \$22,721.96.

18 117. The Court also awards non-economic damages of \$114,900 as follows:

- 19 a. \$15,000 for pain, emotional distress, bodily invasion/disfigurement
20 for each of the two kyphoplasties = \$30,000
- 21 b. \$300 per day for pain, suffering, emotional distress, embarrassment,
22 loss of enjoyment for 283 days (from the April 24, 2021 fall until
23 February 1, 2022, at which point Plaintiff was healed) = \$84,900

24 118. Plaintiff’s total damages are: $\$22,721.96 + \$114,900 = \$137,621.96$
25 Considering the parties’ comparative fault, Defendant is liable for 20% of Plaintiff’s
26 damages, which is \$27,524.40.

1 The parties are **ORDERED** to met and confer and to jointly file a Proposed
2 Judgment as soon as possible, but no later than 5 days after the issuance of this Order.

3
4 **IT IS SO ORDERED.**

5
6 Dated: January 04, 2024

A handwritten signature in black ink, appearing to read "André Birotte Jr.", written over a horizontal line.

7 HONORABLE ANDRÉ BIROTTE JR.
8 UNITED STATES DISTRICT COURT JUDGE
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